

PACIFIC LAPAROSCOPY

SURGERY FOR MORBID OBESITY
ADVANCED LAPAROSCOPIC AND ENDOCRINE SURGERY

John M. Rabkin MD, FACS
Maria Manigbas, PA-C
Barbara Metcalf, RN

Primary Care Physician

Our mutual patient, _____, is seeking surgical intervention for the disease of morbid obesity. A multidisciplinary team approach is imperative in evaluating this patient prior to surgery. The Primary Care Physician can assist us by evaluating the patient for obesity-related co-morbidities, and providing us with surgical clearance for anesthesia from a cardiovascular and pulmonary standpoint.

Further evaluations may be needed. We recommend having these tests done for your surgical evaluation:

CBC, Chem. 12 and TSH (within 6 months)
EKG (within 6 months)

Prior to surgery, our patient will also obtain a psychological evaluation for any undiagnosed mood and eating disorders, readiness to make behavioral changes and the ability to comply with long-term follow-up. Pacific Laparoscopy provides pre-operative and post-operative education and teaching, as well as monthly group support meetings where nutrition, behavior modification, benefits of exercise and emotional support are offered at regular intervals. Quarterly newsletters help keep our patients informed of the latest advances and information available for optimum post-operative care. Eighteen months of surgical follow-up is included and we hope to see our patients on an annual basis thereafter. A committed team approach will benefit our patient to have the utmost weight loss and successful weight management. Our bariatric team looks forward to working with you.

Sincerely,

John M. Rabkin, MD FACS
Maria Manigbas, PA-C
Barbara Metcalf, RN , CBN